

What is a Local Area Coordinator?

A **Local Area Coordinator** works alongside you and your community.

They can help you with all sorts of things like:

- ✓ Making new connections and friends
- ✓ Getting involved in groups and activities
- ✓ Overcoming personal challenges
- ✓ Getting your voice heard by people in power and being involved in improving public services
- ✓ Making your contribution to your community

The starting point is always **YOU** and **YOUR** idea of a better, happier life.

How does it work?

Anyone can meet with a **Local Area Coordinator**.

You could meet them in your local area or through an introduction from someone else.

You and your Local Area Coordinator will get to know each other on your terms, exploring your idea of a good life and plans to achieve it

The amount of times you meet really depends on what you want to achieve.

They can help you to find out about your community and introduce you to friendly, helpful people within it.

They can help you explore and build on your strengths and can support you to share your skills and gifts with others.

They can help you connect with formal services if that is what you feel you need.

Do they help groups too?

Local Area Coordinators are there for the whole community.

They can help local community groups to keep going and grow by introducing more people and supporting them with things like finding opportunities for funding.

Local Area Coordinators can also support people set up groups when someone has an idea to start something new.



“ **My Local Area Coordinator has given me the confidence to meet new people...I have learned how to speak out and make sure I say what I want to say** ”

Who is my Local Area Coordinator?

My Local Area Coordinator is

Contact number

Email address

You can often find them at



This leaflet has been produced by the Local Area Coordination Network at Community Catalysts who support Local Area Coordination programmes across England and Wales.



www.lacnetwork.org

Local Area Coordination in your community

Find out more about
Local Area Coordination
and how it could benefit you

“ *Local Area Coordinators take time to get to know us - me, my family, my community* ”

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unlocking potential effecting change

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